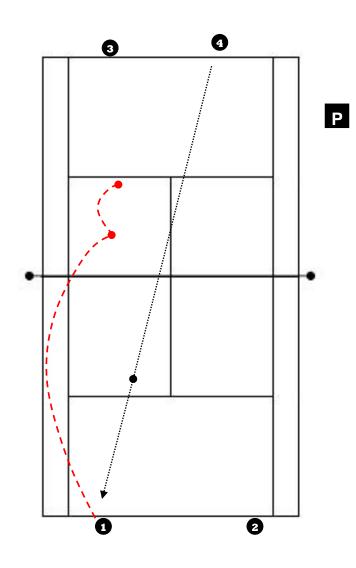
SERVING DRILL

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26) Serve & Drop:

This drill uses a deadly pattern for players.

Level: 2.5 & Higher

Two returners are returning serves from multiple servers.

Shots sequence is:

- 1. Serve
- 2. Return cross-court
- 3. Drop shot.

After the serving player hits a drop-shot, the returner does not chase it down, but instead will tell the server if the drop shot has bounced twice inside the service box. If it did, then the server scores a point

This drill is actually a great 2-ball pattern to use in match play and give the server something to strive for.

After several minutes the players switch ends so that everyone gets a chance to return.