



P

**26) Serve & Drop:**

This drill uses a deadly pattern for players.

Level: 2.5 & Higher

Two returners are returning serves from multiple servers.

**Shots sequence is:**

1. Serve
2. Return cross-court
3. Drop shot.

After the serving player hits a drop-shot, the returner does **not** chase it down, but instead will tell the server if the drop shot has bounced twice inside the service box. If it did, then the server scores a point

This drill is actually a great 2-ball pattern to use in match play and give the server something to strive for.

After several minutes the players switch ends so that everyone gets a chance to return.