



**195) Charge:**

Bounce overheads are featured in this drill.

Level: 3.0 & Higher

**Ball 1:** The pro feeds a high lob to the baseline team who must let the ball bounce and hit an overhead... players 3 & 4 must wait for the feed to bounce and then **MUST** charge the net and play out the point.

**Ball 2:** Pro feeds a loopy ball to the baseline players who must move in and hit an approach volley and come to the net where the point is played out against players 3 & 4 who are now at the net.

**Note:** Ball 2 is the **money ball** and whoever wins that point becomes the champions. Champs are the baseline team on the side opposite of the pro.

After both points are played, players 5 & 6 move in and do the same drill.