



2) Net-Cord Game:

This is a great game that teaches players to use sharp angles and touch to end the point.

Both players start near the net with the ball balancing on the net cord. Either player taps the net causing the ball to fall to one side, and the point begins.

Players play the points out using only the 2 service boxes as the boundaries. No volleys or hard shots are allowed in this game only touch and angles can be used.

This is a physically demanding game that will give even the best players a tough workout.

The goal of the game is to teach players how to develop good “mini-tennis” skills.