



8 player version

22) Barn Burner:

Lots of running in this doubles drill.

Players 1 & 2 are the champs and all the other players are in line waiting to play against them.

Ball 1: Pro feeds a high lob and players 3 & 4 run to the other side of the net and chase it down and play the out a single point against the champs.

If the challengers win the point, they come back to the pro side and become the new champs. If they lose, they come back and go to the end of the challenger's line.

The pro needs to make sure his lob is fed very high in the air so the players running over to get it have enough time to get there.