



### 3) Drop Shot Me:

This is a good drill that develops touch and feel.

Players 1 & 2 play on their half of the court while players 3 & 4 do the same.

Players are trying to rally the ball so that it lands inside of the throw down line on the court. This will be like hitting a touch drop-shot. The lines should be about 2 rackets lengths from the net.

Players are playing as team mates scoring a point for every shot they hit that lands on or inside the throw down line.

After each time a player taps the ball over, they must run back and touch the service line with their foot.

The goal is to have more points than the other twosome on your court.