



#### Game 4) **First to Sporty:**

Singles points are played out between two players.

The first point of each game is worth 3 points, so the winner of the first point starts the second points with a 40-love lead.

This is one of several games we use to tweak the score to add pressure to a practice session.

In this drill, it is very common that players will choke more on this first point because it has triple value.

Players that struggle with serve nerves are often exposed in this drill. Players continue to play an entire set using this scoring format.