M3:7- Letting Go of Errors

WHAT REALLY MAKES A SHOT GOOD OR BAD?

Scenario: I hit a backhand that goes wide Is that Bad or Good?

Depends... I'll think it Bad... My opponent thinks it Good

So which is it? ... Bad or Good? Is it Both? Neither?

Letting Go of Errors

I believe it NEITHER... It's just Data

Consider the Chair Umpire: They would have NO OPINON...

To the chair, it's simply a non-emotional data point

Our Job as players: View it like the Chair Umpire