

LIVE CALL

Sunday

June 20, 2021

Jorge Capestany





Q 1: Do you have drills that feed to 8 players on 2 courts? 4 players on a court and everyone is hitting. I feed between both courts. **Diane S**



Q 2: How can I train to get my elbow up and racquet dropped during the serve? Even if I come up on edge, the wrist is always above my elbow.. Could it be age, injury or loss of flexibility?

Peter A



Q 3: How can I help a small 8 year old boy who is athletic and throws and catches like a pro, but cannot make contact with the ball. **Tabatha A**



Q 4: Lesson plans for fun groups of mid-aged ladies (2.5 maybe??) who want to have fun, laugh and hit some balls). I don't want it to turn into a rowdy free-for-all!
Tabatha A



Q 5: Can elaborate on what is probing and how it helps organically develop a strategy mid-match? When the strategy needs to be tweaked because you have grooved your opponent and they have adapted.

Bryant S

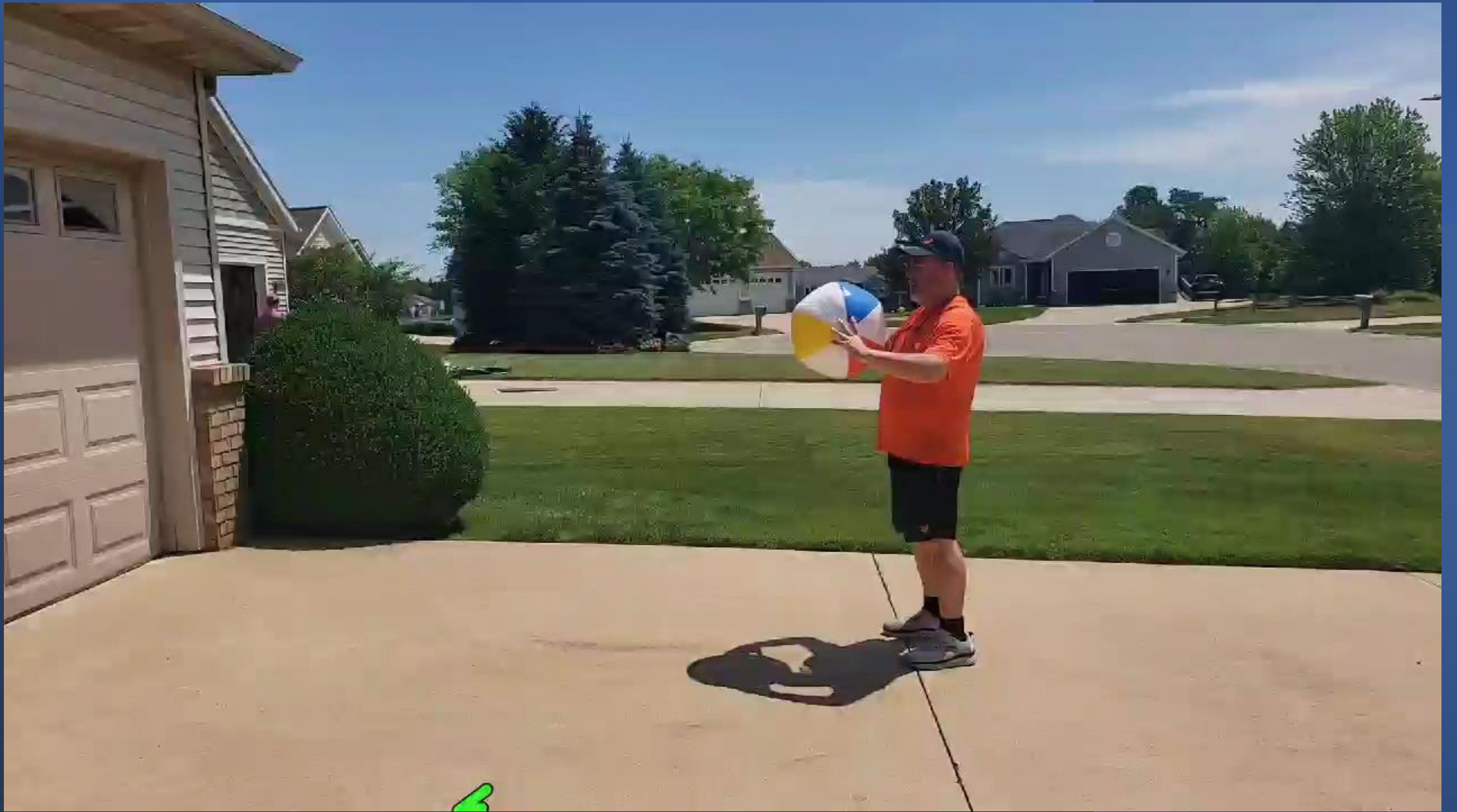


Q 6: We have 3 courts with 10-12 players who come on “Game Day Friday” for point and short set play. Please send your thoughts on best use of 3 courts where players are getting the opportunity to play without waiting for a court. **Sarah H**



Q 7: What is the best way to teach topspin, especially to youth? Does it have to be a semi-western grip?

Dave S





Q 8: When your partner hits an approach volley cross court from the service line area... would you have the approaching player move into middle net and the partner moves back to serve line to cover the lob. **Ellen**



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