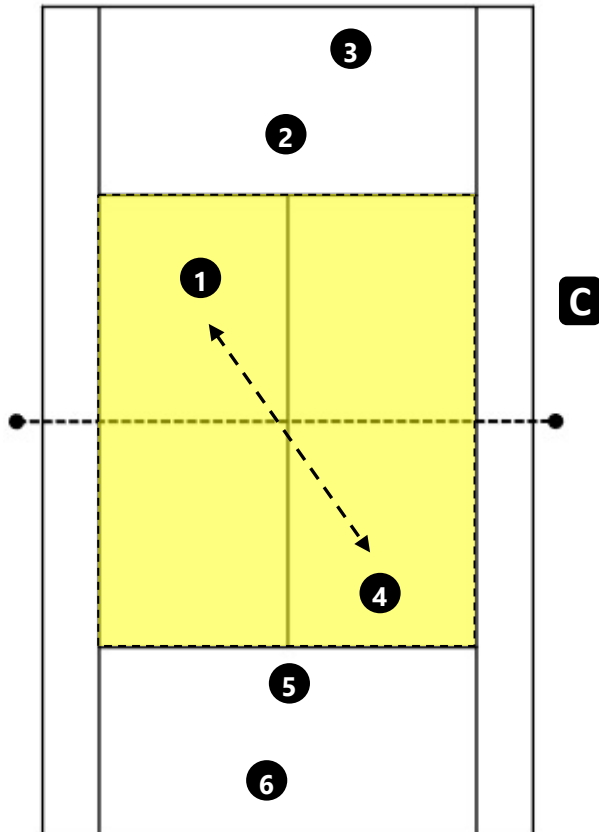


# DOUBLES DRILLS



## 202) Speed – Mini Tennis:

Level: 3.0 & Higher

High intensity drill working on touch and angles.

Players 1-2-3 are a team playing against players 4-5-6.

Only the two service boxes are the boundaries. The goal of this game is for one of the teams to win **three in a row**.

The coach feed in a ball to start the drill and feeds after each point ends, the coach quickly feeds another ball.

The winning player stays in, and the other side rotates a new player in.

Players should be using extreme angles to move the other team around.

Power shots are not allowed, and they cannot volley... everything must bounce.

This game works very well using orange-dot balls as well.

**Variation:** require players to only use underspin on all their shots.