# LIVE CALL

Sunday Nov 3, 2024

**Jorge Capestany** 





Q 1: Is there a section of your website that is devoted to drills/games for tennis players over the age of 65? Mike

# **Drills for Senior players (search)**

**Search By Ability** 

New search options coming in the upgrade



Q 2: Explain your recent comments on the four doubles positions

### The Four Positions in Doubles



# 3.5 player = Overall rating

- 1. **Server** 3.5
- 2. Server's Partner 3.1
- 3. Returner 3.9
- 4. Returner's Partner 3.0

### 1. Server's – Job Description



#### **PRIMARY**

- Identify and serve at the opponent's weakness
- Try to use your best stroke on the next shot.

- Call out the score before every point.
- Tell your partner where you are going to serve.
- Put 70 % of your first serves in play.

## 2. Server's Partner – Job Description



#### **PRIMARY**

- Be moving your feet before the serve is struck.
- If the return goes past you cross-court, start dancing.

- Play your volleys at the other net player. He will have the least time to react.
- Move around a lot so the returner must worry about you.
- Help your partner choose a target for his serve.

# 3. Returner's – Job Description



#### **PRIMARY**

- Attack net player on weak second serves
- Put the return in play at all costs.

- Position yourself in the center of the server's possible angles.
- Make sure your second shot is your strongest shot.
- Use your return to set up your partner. Do not try to hit a winner.

## 4. Returner's Partner – Job Description



#### **PRIMARY**

- Move in and poach when the server is hitting a low volley.
- Do not move in until the return goes past the opposing net player.

- If your partner struggles with his returns, start at baseline.
- If the return goes to the opposing net player, stay put and cover the middle.
- Help call serves that are close to the line.



Q 3: what is the major difference between coaches at the master level compared to certified at level one Richard

# **Master Professional Coaches**

- 1) Research & Publications
- 2) Service to the Industry (RSPA or PTR and USTA?
- 3) Rankings: Your and students
- 4) Participation & Self Improvement (attend)
- **5) Specialty Courses**

## **Master Professional Coaches**

#### Five Realities...

- 1. Not every Master pros is better than every other coach
- 2. Some are strong in specific areas
- 3. They're Lifers...
- 4. They're well rounded
- 5. They typically end up coaching other coaches



Q 4: What price changes are coming in the future for the TennisDrills website.

# **Future Pricing**

- 1. Not for current subscribers
- 2. Have not raised prices in 12 years
- 3. Now have more than 2,000 tennis drills
- 4. More than 140 tennis courses
- 5. Continue adding weekly content



Q 5: What future upgrades are you planning for the TennisDrills website

# **TennisDrills 5.0**

- 1. New Video Gallery
- 2. New Playlist feature
- 3. New Search and Tags feature
- 4. Revamped Strategy section
- 5. Revamped Lesson Plan section

# TIME FOR LIVE

