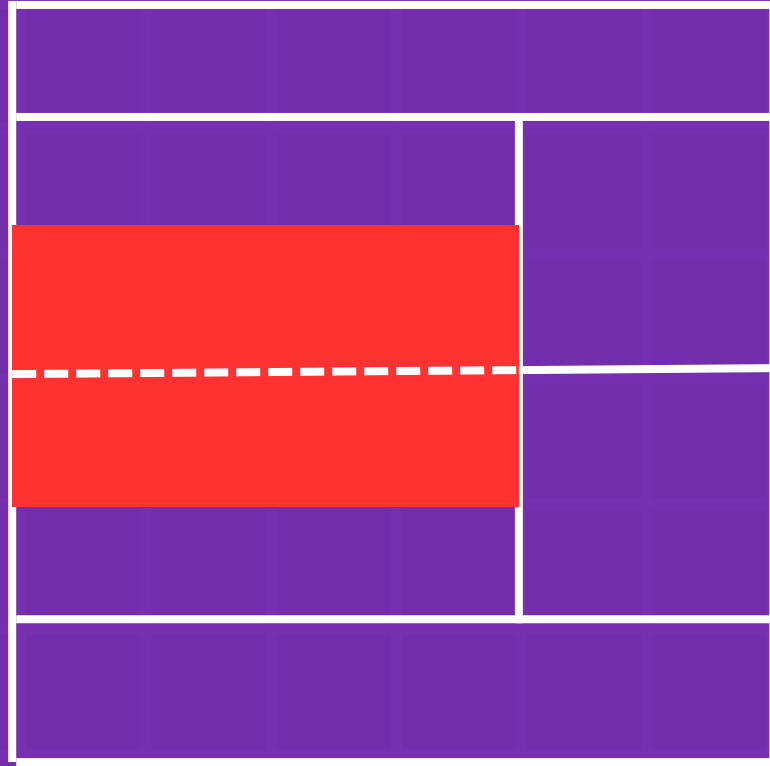


Red HEART

White (Tap)



Net line



Court Boundary



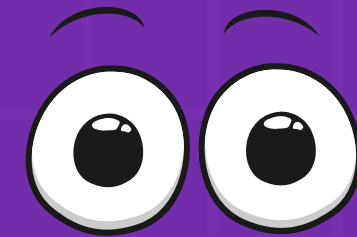
Skills

- They can roll ball back straight to partner with hand and with racket
- They can catch a bouncing ball to oneself
- They can underhand toss to partner
- They can run sideways, up, and back
- They can balance on one foot

Evaluate



Head



Eyes

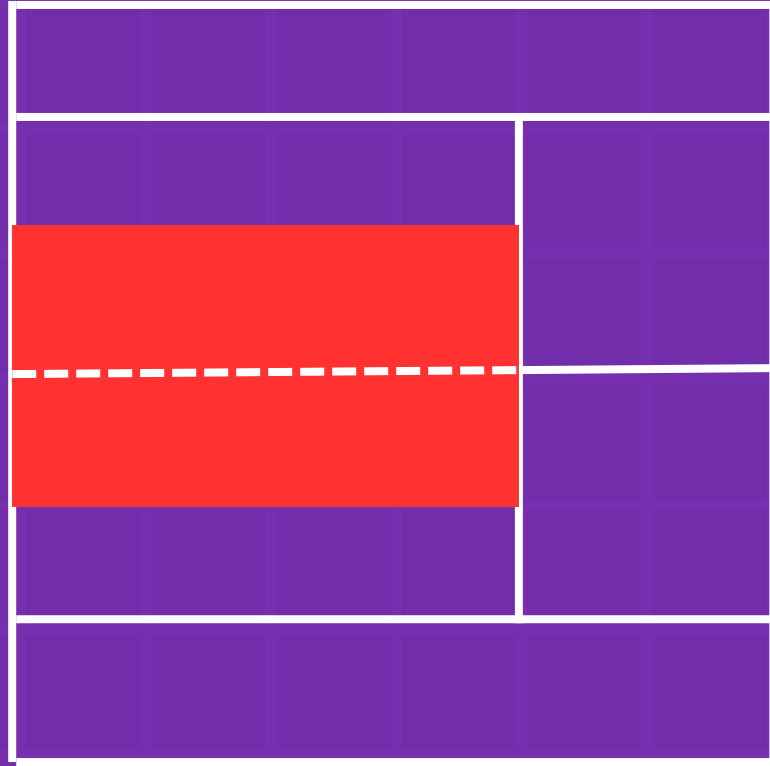


Shoulders

- No control
- Some control
- Has control

Red HEART

Blue (Tap)



Net line



Court Boundary



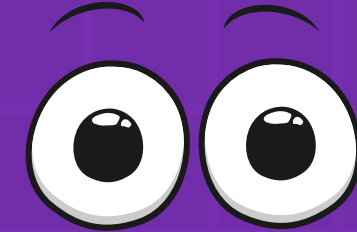
Skills (2 ball rally)

- They can bounce and catch ball back & forth with a partner
- They can tap ball with palm of hand off a feed and tap a ball with hand on a self-feed
- They can tap ball into court with racket on both forehand and backhand
- they can shuffle back behind baseline after sending the ball

Evaluate



Head



Eyes

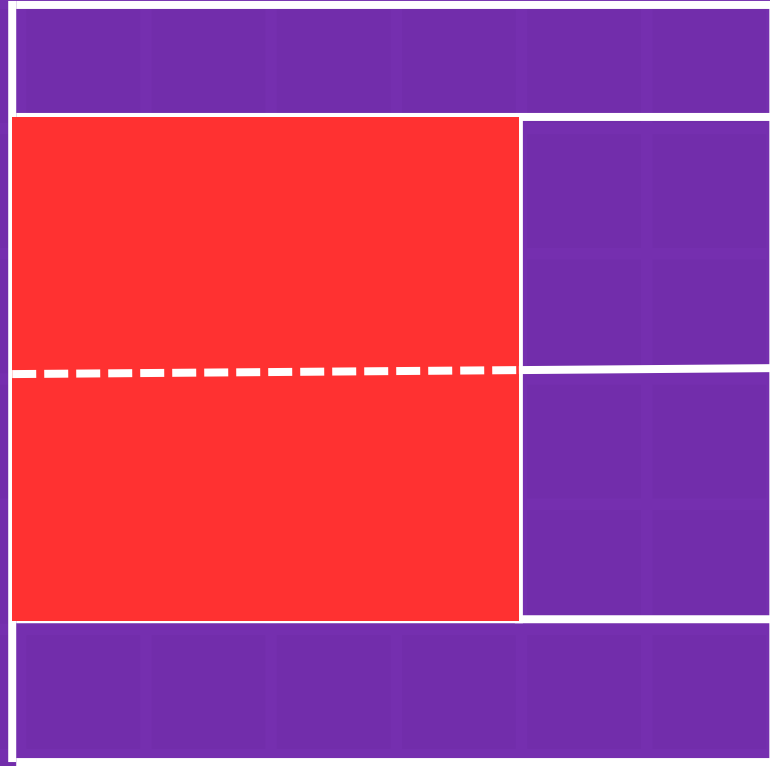


Shoulders

- No control
- Some control
- Has control

Red HEART

Grey (Push)



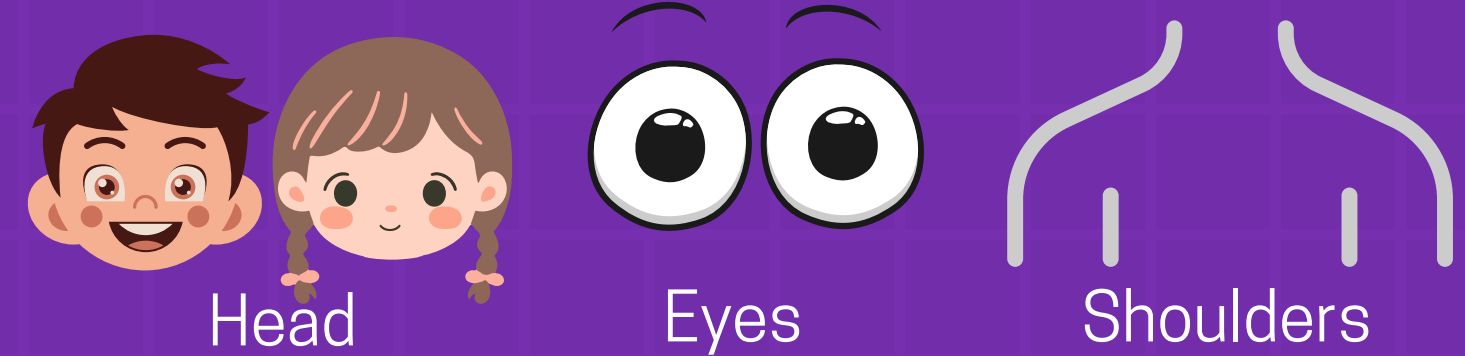
Net line

Court Boundary

Skills (4-6 ball rally)

- They can catch and bounce ball to partner and away from partner
- They can tap the ball up to oneself and to a partner with racket
- They can push ball to partner into the court consistently and switch forehand and backhand
- They can catch balls out of the air and high five balls with hand and racket
- They can start a point with a bounce feed into court both forehand and backhand

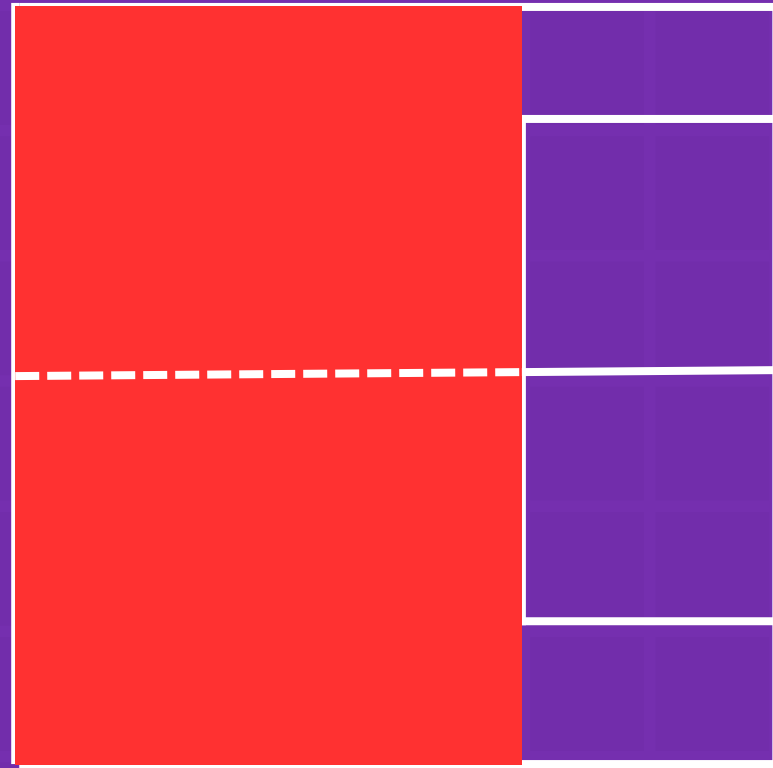
Evaluate



- No control
- Some control
- Has control

Red HEART

Black (Stroke)



Net line

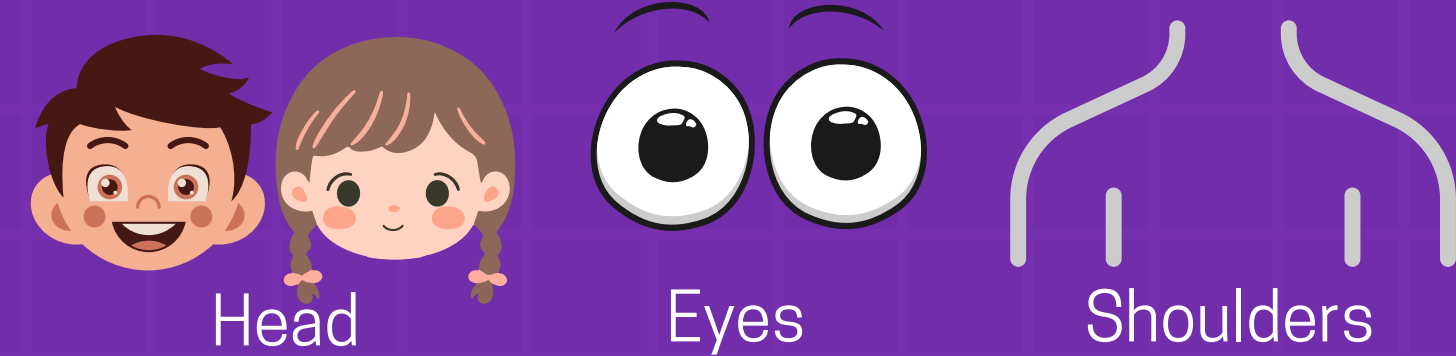


Court Boundary

Skills (8 ball rally)

- They can catch both balls off the bounce and out of the air
- They can tap up volleys with racket and to a partner
- They can push and stroke a ball into the court consistently with a partner on both sides
- They can stroke the ball with low to high swing/finish on both sides
- They can overhead high fives into the court with racket

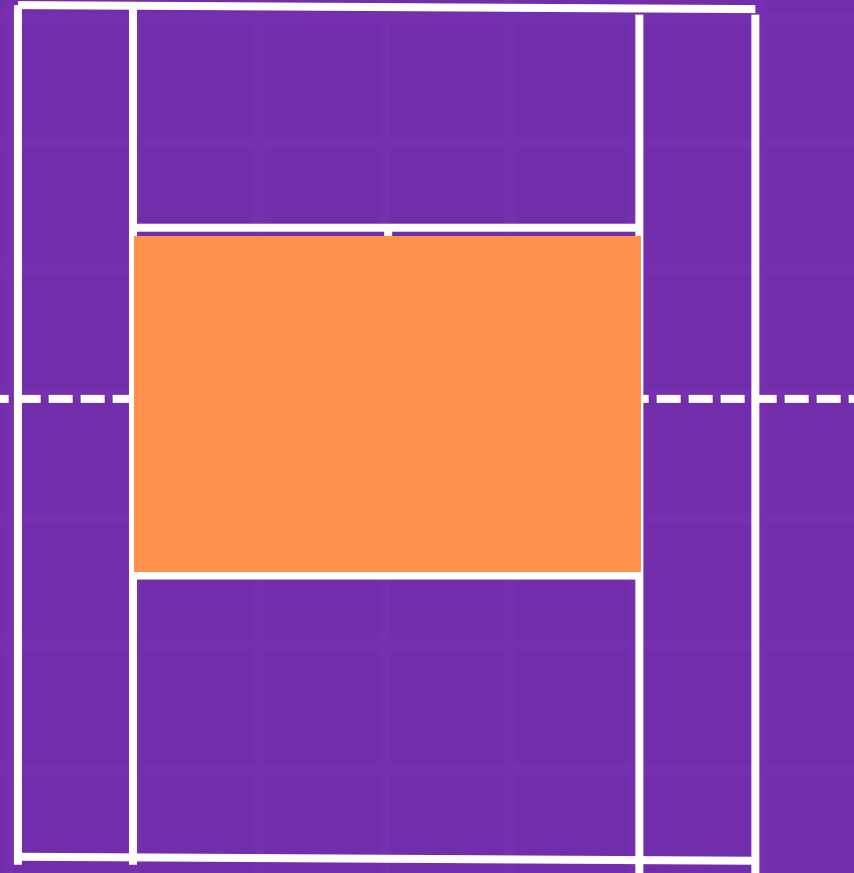
Evaluate



- No control
- Some control
- Has control

Orange HEART

White (Push)



Net line

Court Boundary

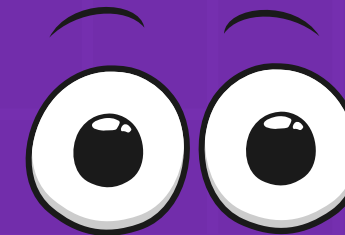
Skills (0 - 4 ball rally)

- They can understand toss to partner on their court space
- They can tap ball up to oneself and to partner into the court with bounce and out of the air
- They can send and receive ball with balance(head & shoulders leveled)
- They can feed with overhead tap to partner

Evaluate



Head



Eyes

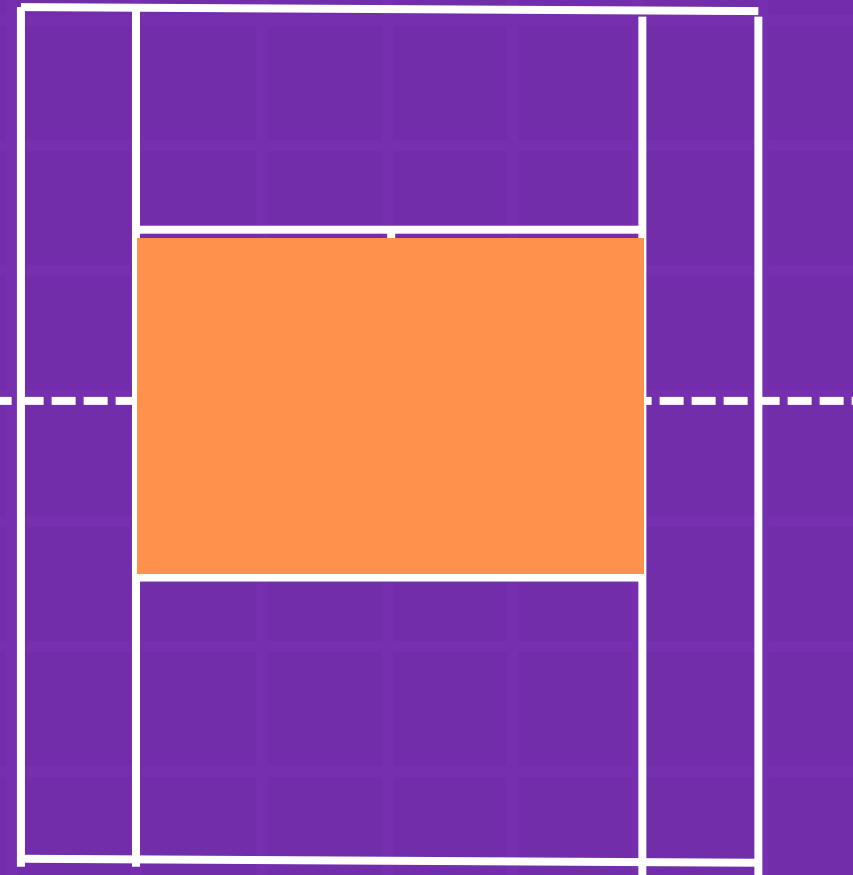


Shoulders

- No control
- Some control
- Has control

Orange HEART

Blue (Push)



Net line

Court Boundary

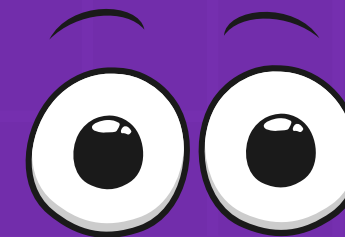
Skills (4- 6 ball rally)

- They can send & receive ball on both sides comfortably with balance in a space(service boxes) waist height
- They can move & recover with balance both shuffle and crossover
- They can send ball away from partner into space
- They can start point with and overhead push
- They can volley back & forth with partner

Evaluate



Head



Eyes

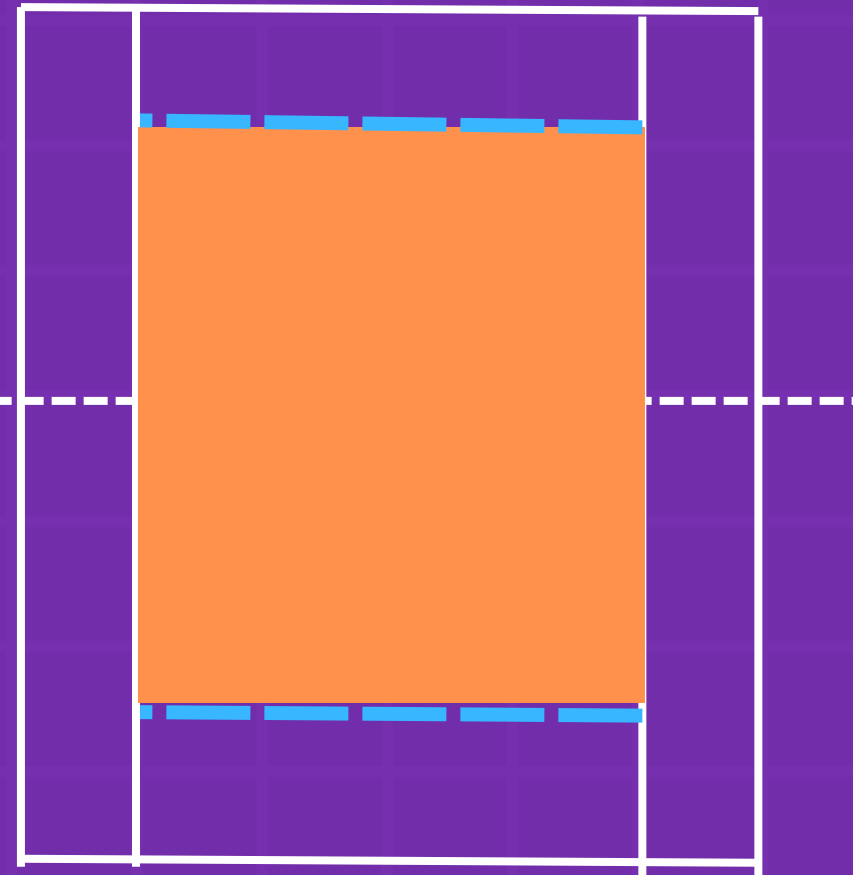


Shoulders

- No control
- Some control
- Has control

Orange HEART

Grey (Stroke)



Net line

Blue line

Court Boundary

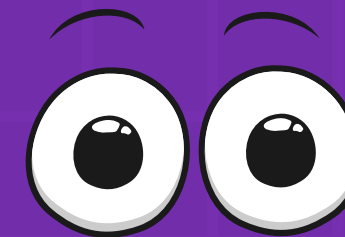
Skills (6-8 ball rally)

- They can send ball on both sides of the body in a 60 ft. court with balance
- They can receive high and low balls
- They can move up/back/sideways with recovery(shuffle and crossover)
- They can volley to and away from partner
- They can start point with overhead stroke from 60 ft. baseline

Evaluate



Head



Eyes

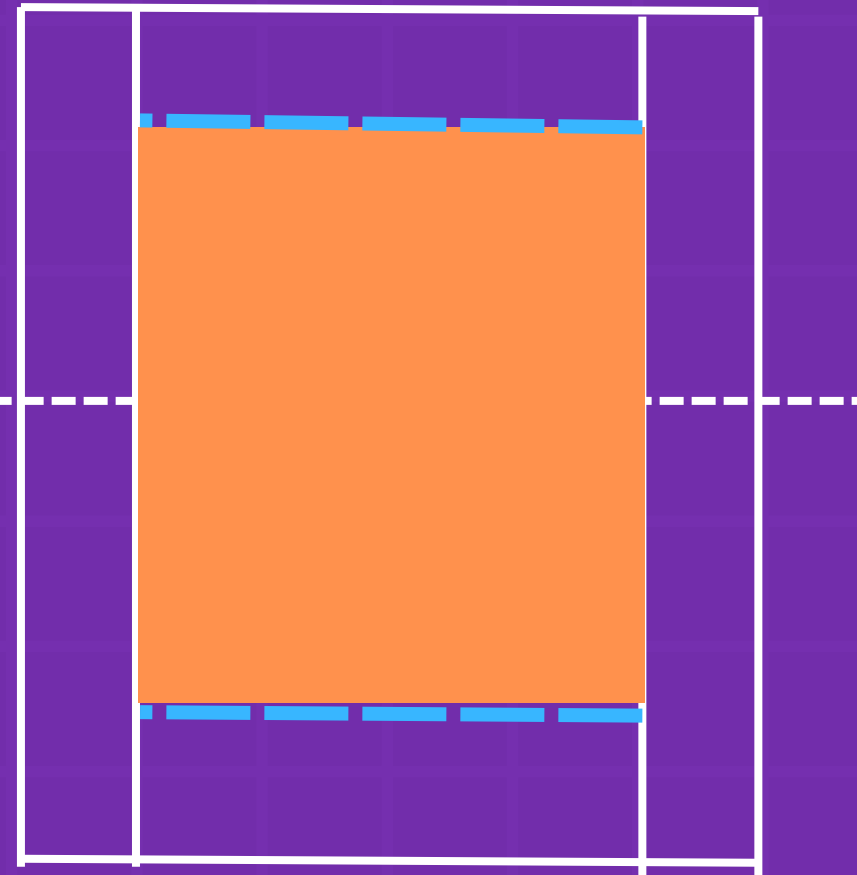


Shoulders

- No control
- Some control
- Has control

Orange HEART

Black (Stroke)



Net line

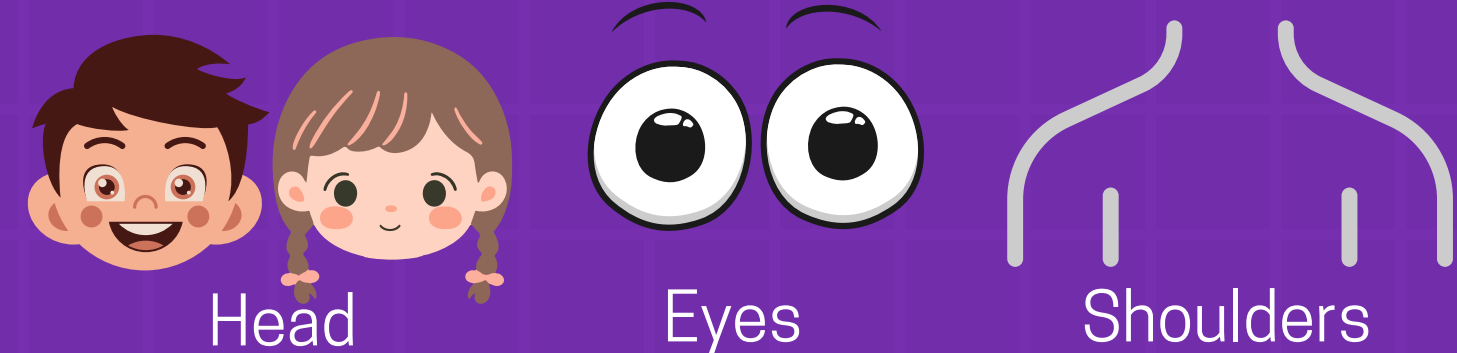
Blue line

Court Boundary

Skills (10 ball rally)

- They can send & receive ball on both sides of the body with balance and preparation with proper finish
- They can move partner with purpose sending and receiving deep and short balls
- They can move serve around in box with and without slice
- They can move with balance, head still and shoulders leveled
- They can volley to and move from baseline to the net

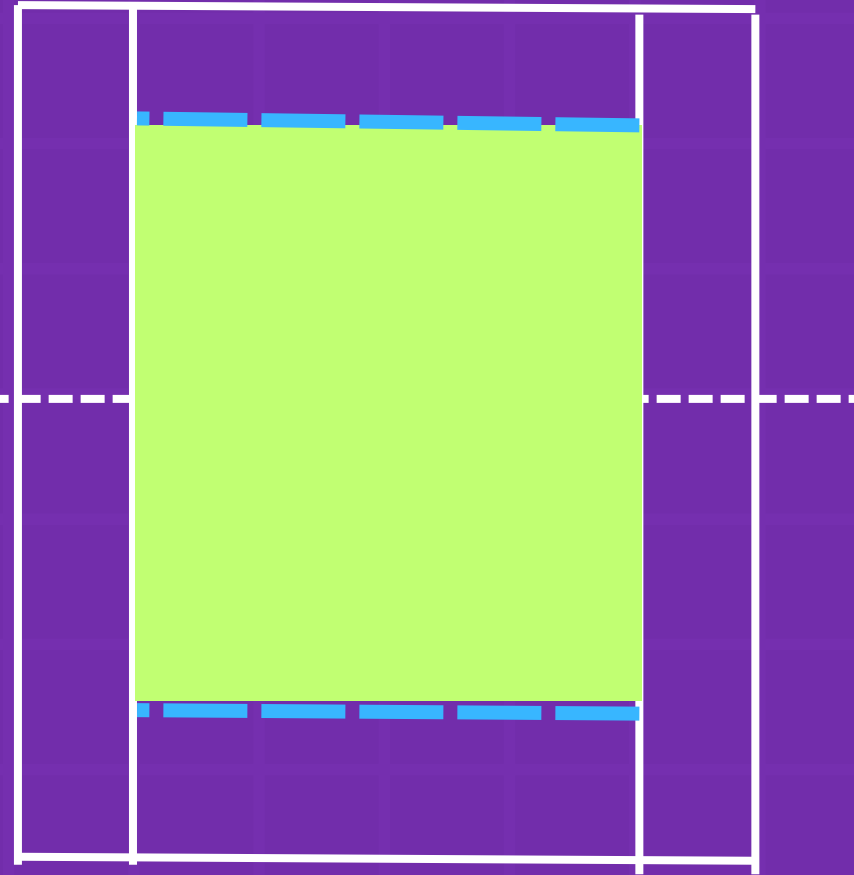
Evaluate



- No control
- Some control
- Has control

Green HEART

White



Net line

Blue line

Court Boundary

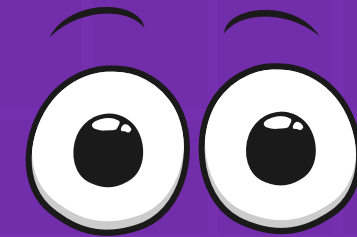
Skills (4 ball rally)

- They can send ball to partner in service box on both sides of the body
- They can send overhead push into court
- They can do tap ups with and without bounce
- They can tap up volleys to partner
- They can move sideways with run, shuffle and crosser

Evaluate



Head



Eyes



Shoulders

- No control
- Some control
- Has control

Green HEART

Blue

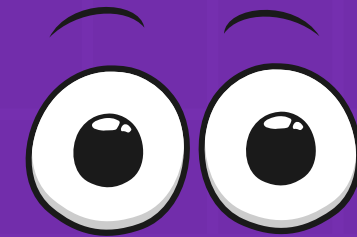
Skills (6 ball rally)

- They can send & receive balls on both sides of the body into the full court
- They can send & receive balls out of the air (volley and swing volley)
- They can send ball away from partner into the court
- They can send ball with an overhead hit into opposite box

Evaluate



Head

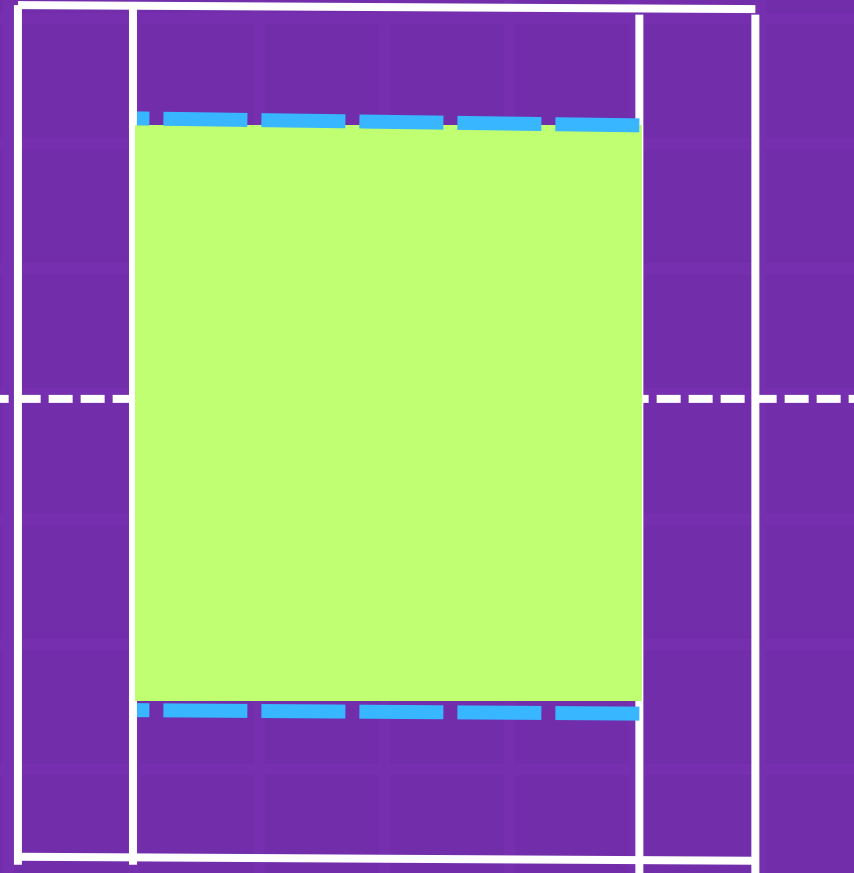


Eyes



Shoulders

- No control
- Some control
- Has control



Net line

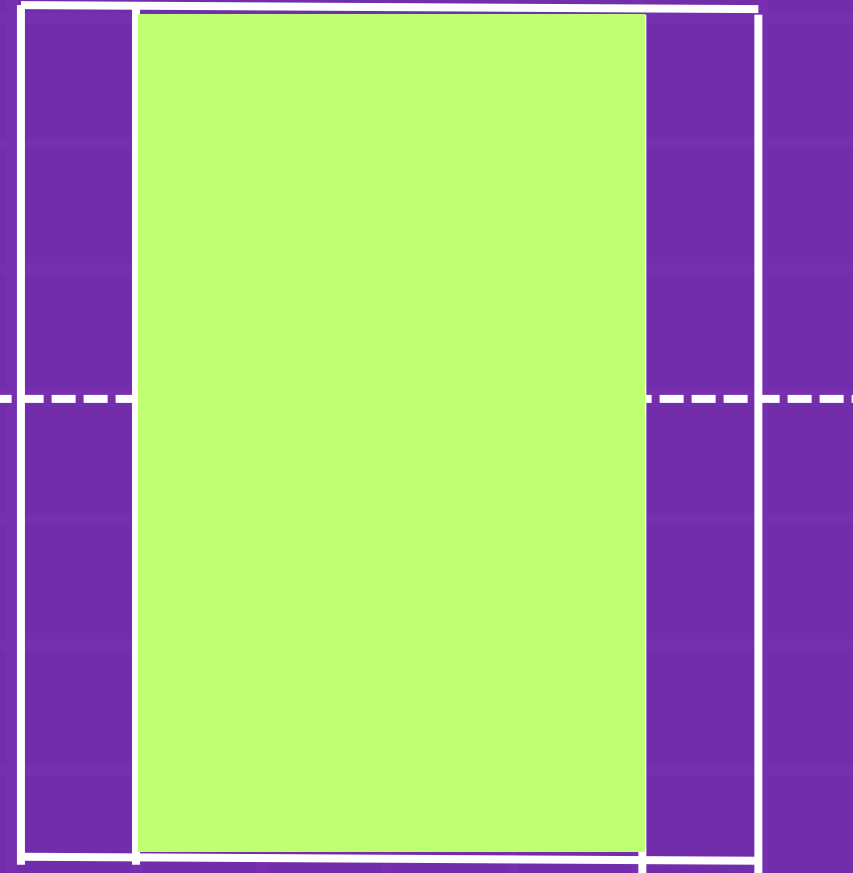
Blue line

Court Boundary



Green HEART

Grey



Net line

Blue line

Court Boundary

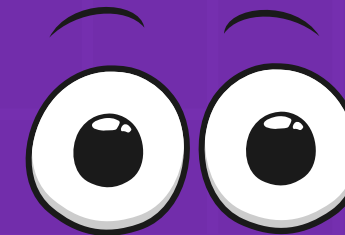
Skills (8 ball rally)

- They can send & receive balls from full court with balance and minimal technique(i.e. finish/impact)
- They can volley ball to partner with balance and transition to the net
- They can send overhead ball into opposite box with spin
- They can send ball with direction

Evaluate



Head



Eyes

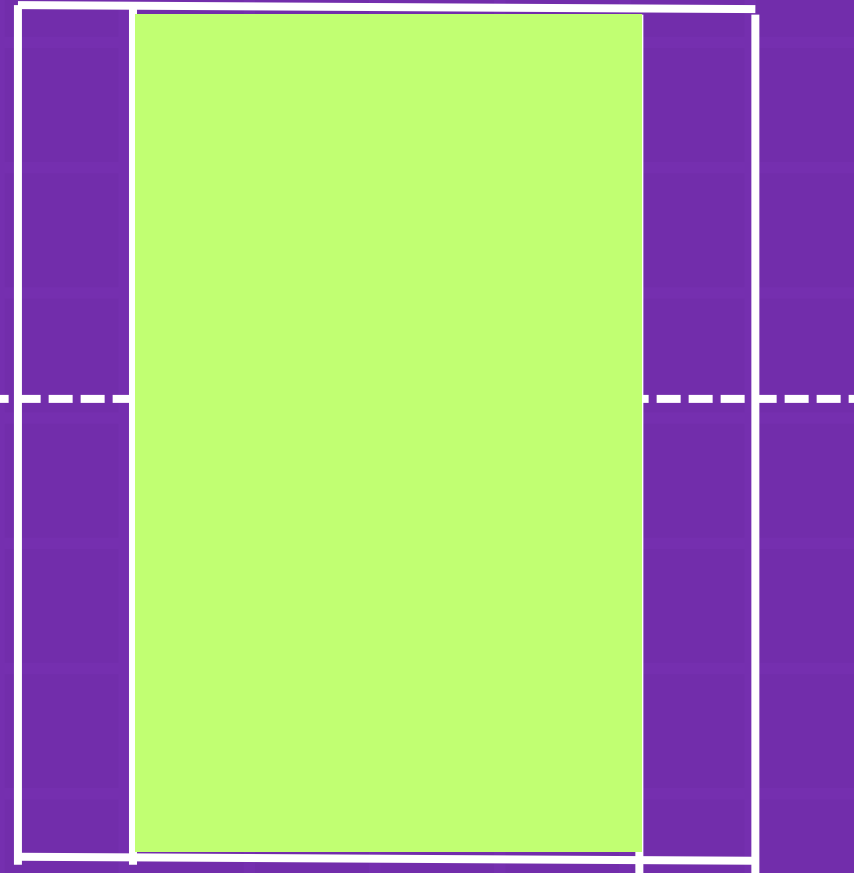


Shoulders

- No control
- Some control
- Has control

Green HEART

Black



Net line

Blue line

Court Boundary

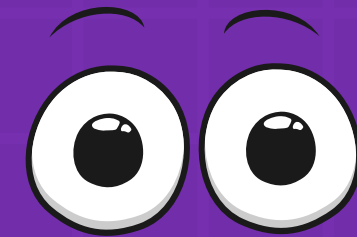
Skills (10 ball rally)

- They can send & receive high and low balls with (prep, impact, finish) to partner and away from partner
- They can utilize topspin and slice
- They can move backwards with drop stop and “beat the ball”
- They can swing volley and volley with continental grip or “in between” grip

Evaluate



Head



Eyes



Shoulders

- No control
- Some control
- Has control